



Thames Valley Council for Community Action, Inc.

Partnering for Prosperous Communities Since 1965

FOR IMMEDIATE RELEASE

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CHELSEA GROTON FOUNDATION AWARDS GRANT TO TVCCA'S SENIOR NUTRITION PROGRAM

NORWICH, CT July 1, 2025—The Chelsea Groton Foundation renewed its support of Thames Valley Council for Community Action (TVCCA)' Senior Nutrition program with a grant of \$7,500 for both its Meals on Wheels and congregate meal programs throughout eastern Connecticut.

“Chelsea Groton has been a great community partner for over a decade,” notes Senior Nutrition Program Director Eugene Theroux. “Their support allows us to prepare and deliver nutritious meals to homebound seniors as well as serve congregate lunches daily to active elders at senior centers throughout the region.” And as age-related issues begin to restrict participants' mobility, they can transition to Meals on Wheels, a simple, effective and inexpensive program that combines nutrition, companionship and a vigilant eye to safeguard the well-being of increasingly vulnerable elders.

Aside from ensuring seniors' food security, the program provides a portal to additional services offered by TVCCA that support seniors' independence: energy assistance, supplemental nutrition resources, transportation vouchers, and referrals to programs at partner agencies.

As Eastern Connecticut's designated provider of Senior Nutrition services since 1974, TVCCA is entrusted with promoting the well-being of elderly residents throughout the program's 1,200 square-mile area of operations.

“TVCCA's nutrition programs receive only a portion of their required funding from state and federal sources,” adds Mr. Theroux. “Partners like the Chelsea Groton Foundation help ensure that we can deliver over 270,000 meals each year to seniors in our region.”

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For more information about TVCCA's services, as well as those that support elders' independence, please call Community Services at (860) 444-0006 or visit tvcca.org.