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**Swindell’s Charitable Foundation Strengthens Support for Eastern Connecticut Seniors
with \$6,500 Grant to TVCCA**

Norwich, CT — October 31, 2025— Thames Valley Council for Community Action (TVCCA) has received a **\$6,500 grant from the Swindell’s Charitable Foundation** to help meet the growing nutritional and social needs of older adults across Eastern Connecticut.

TVCCA’s **Senior Nutrition Program** provides two vital services for the region’s aging population: **Meals on Wheels**, which delivers nutritious meals and daily wellness checks to homebound elderly and disabled residents, and **Congregate Lunch Services**, offering freshly prepared meals and social connection at senior centers and apartment complexes throughout the region.

“Many seniors want to ‘age in place’—to stay in the communities where they’ve put down roots,” said **Eugene Theroux, Director of TVCCA’s Senior Nutrition Program**. “Our services make that possible. For older homebound residents, we bring healthy meals and a caring visit right to their door. For active seniors, we offer nutritious lunches and opportunities to stay engaged and connected.”

Theroux expressed deep gratitude for the Foundation’s continued commitment, noting that Swindell’s Charitable Foundation **increased its grant award this year**. “With funding uncertainties looming and the need for services continuing to rise, Swindell’s support is truly a lifesaver,” he said. “It makes a real difference to the more than 3,000 seniors we now serve.”

For more information on TVCCA’s Nutrition programs, please visit <https://www.tvcca.org/food-nutrition>.

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